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# **Financial Basics**

### *Creating a solid foundation for your success*

Presented by Cerity Partners

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Advice-driven financial service.



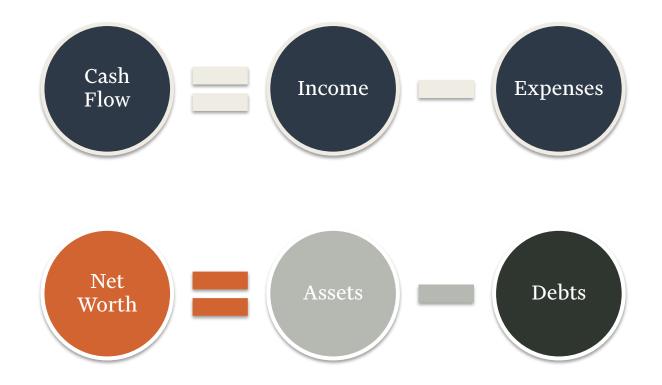
### Today's Discussion

- » Understanding your situation
- » Planning your savings
- » Managing your debt
- » Bringing it all together (budgeting)
- » Protecting your personal and financial information



### Where are You Today?

Planning for your future starts with understanding your current situation.







### Three Buckets of Savings

Your savings serves many purposes. It helps you achieve your short and long-term goals and handle unexpected expenses.





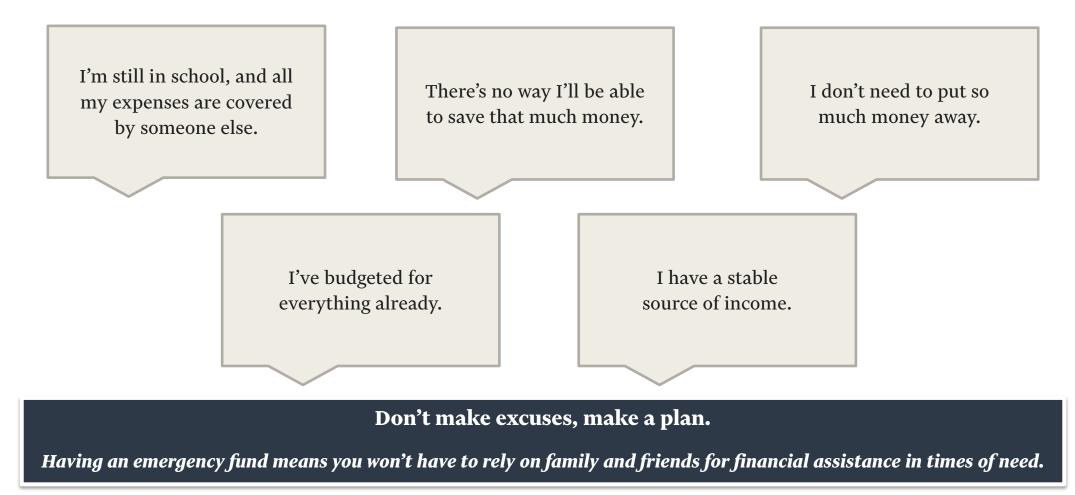
## What is an Emergency Fund?

Unexpected car repairs. Illness or disability. Job loss. Life is full of surprises. An emergency fund is easily accessible cash that helps you navigate these events.





### 5 Common Excuses for Not Building an Emergency Fund





### What are your goals?

With your emergency fund in place, you can focus on saving for your short and long-term goals.



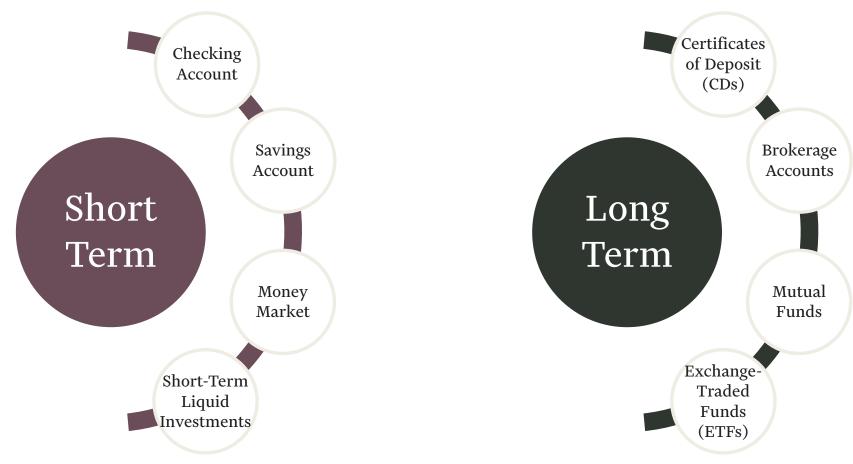






### **Stashing Your Savings**

Your time horizon will influence the savings vehicles you choose.





## The Importance of Starting Early

#### Jane Started Early

Annual savings ages 25-34\$1,000Annual savings ages 35-44\$2,000Total cash outlay\$30,000



#### Accumulation at Age 65\*



#### John Started Late

Annual savings ages 45-54\$1,000Annual savings ages 55-64\$2,000Total cash outlay\$30,000



\*Assumption: 8% investment return. This is a hypothetical example that does not represent the performance of any specific investment product, but is to illustrate the effects of compounding growth over different time periods. Your actual results will vary.



### From Ages 45-64, How Much is Needed Annually to Catch Up?

A. \$3,000 - \$4,000

- B. \$4,000 \$5,000
- C. \$5,000 \$6,000
- D. \$6,000 \$7,000
- E. More than \$7,000



### John Has to Save 4X as Much to Achieve Same Outcome

#### Jane Started Early

Annual savings ages 25-34\$1,000Annual savings ages 35-44\$2,000Total cash outlay\$30,000



#### Accumulation at Age 65\*



#### John Started Late

Annual savings ages 45-54\$6,136Annual savings ages 55-64\$6,136Total cash outlay\$122,720



\*Assumption: 8% investment return. This is a hypothetical example that does not represent the performance of any specific investment product, but is to illustrate the effects of compounding growth over different time periods. Your actual results will vary.



### Debt

There are many different types of debt, all of which can make it difficult to save and achieve your financial goals.





### Understanding "Good" Vs. "Bad" Debt

### **Good Debt**

- Relatively low interest rates
- Typically secured with an asset
- Most common types: Mortgages & car loans
- Payment approach: Making minimum monthly payments usually the way to go
- Note: Investment returns can potentially be 6-9% per year. You're generally better off investing your money than paying off a low 2% loan.\*

### **Bad Debt**

- Significantly high interest rates, upwards of 15%
- Typically unsecured
- Most common type: Credit cards
- Payment approach: Make more than minimum monthly payment
- Note: Paying off a 15% interest debt is equivalent to a guaranteed investment return of 15%, which no single stock can provide.

\* Investment returns shown are hypothetical and for illustrative purposes. It is not a guarantee, and risks vary on investment types.



### How Much is Debt Costing You?

| Amount borrowed on credit card                | \$5,000   |
|---|-----------|
| Monthly payment                               | \$200     |
| Annual interest rate                          | 18%       |
|   |           |
| Time needed to pay off principal and interest | 32 months |



### What are the Impacts of Debt?

While some debt may be necessary to achieve your goals, not managing it properly can negatively impact your financial and physical health.

Reduced cash flow

Inability to reach other goals

Pay more than the true cost due to interest

Inability to borrow money for a more important goal

Lower credit score

Stress and damaged relationships

Bankruptcy





### Managing Your Debt

Having a plan to pay down debt and sticking to it are essential for your future financial well-being.





- •Use an app or create a spreadsheet
- •Record the balance, interest rate and term period



- Review Your Daily Spending
- •Understand what you're spending your hard-earned money on
- •Look for ways to cut down or eliminate certain expenses



#### Pay Your Debts

•Make timely payments and pay more than the minimum

•Use savings to reduce debt



#### Lower Interest Rates

•Transfer credit card balances to a card with a lower rate

•Refinance your mortgage and student loans or consider a home equity line of credit (HELOC)



#### Try Not to Add to the Pile

Avoid unnecessary purchases
Watch expiration dates of "teaser" rates



### Requesting Your Credit Report and Credit Score

Your credit report and credit score can impact your ability to purchase a car, buy a home, or rent an apartment. A prospective employer may also check your credit history as part of the hiring process.

- You are entitled to one free credit report every 12 months from each reporting agency (Transunion, Experian and Equifax)
- Visit www.annualcreditreport.com





## **Credit Card Basics**

It's generally a good idea to have at least one credit card. With hundreds to choose from, make sure to do your homework. Key factors to consider include:

- Credit limit
- Annual interest rate
- Annual fee
- Minimum monthly payment
- Late fees and grace period
- Cash advances
- Rewards program
- Promotional fine print



If properly managed, a credit card can help improve your credit score. To maintain a good credit score, keep your balances low and pay your bills on time.





### What is a Budget?

A spending plan that helps you keep track of money coming in (salary) and going out (expenses) over a certain period of time

### **Income - Expenses = Surplus/Deficit**

**Surplus:** You're earning more than you're spending and have the ability to save

**Deficit:** You're spending more than you're earning, which over time can lead to unnecessary and unwanted debt (e.g., credit card debt)





### Example of a Basic Budget for a Single Person

| Monthly Income (net after taxes):  |               |  |  |  |  |
|------------------------------------|---------------|--|--|--|--|
| Salary from full-time job          | \$ 2,000      |  |  |  |  |
| Income from a second part-time job | <u>\$ 500</u> |  |  |  |  |
| Total monthly income               | \$ 2,500      |  |  |  |  |
|                                    |               |  |  |  |  |
| Monthly Expenses:                  |               |  |  |  |  |
| Rent                               | \$ 700        |  |  |  |  |
| Other fixed expenses               | \$ 500        |  |  |  |  |
| Variable expenses                  | \$ 500        |  |  |  |  |
| Discretionary spending             | \$ 300        |  |  |  |  |
| Total monthly expenses             | \$ 2,000      |  |  |  |  |
|                                    |               |  |  |  |  |

Income minus Expenses: \$2,500 - \$2,000 = **\$500 surplus** 



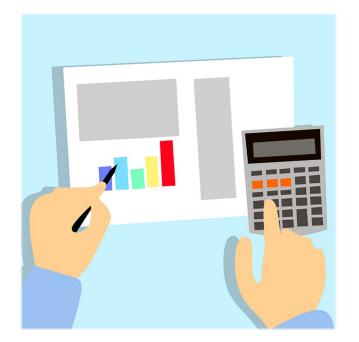


### Why Do You Need a Budget?

It's an efficient way to take control of how you spend your hard-earned money.

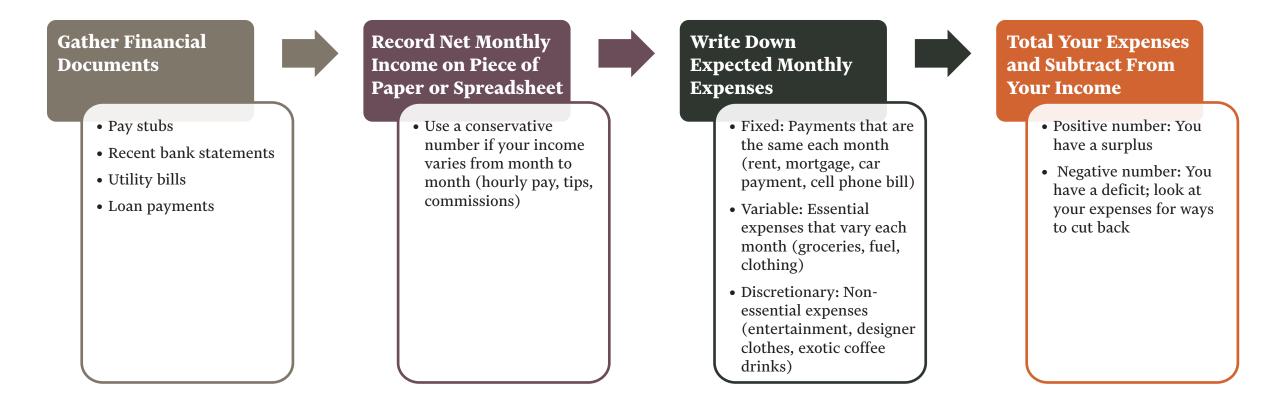
A budget helps you:

- Prioritize different budget categories
- Avoid overspending and evaluate expenses
- Reach your financial goals such as paying off your credit card
- Create a plan to build your emergency fund and retirement savings
- Reduce your financial stress





### How Do You Create a Budget?





### Breaking Down Expenses



- Rent/Mortgage
- Utilities (Electricity, Gas, Water)
- Homeowners Insurance
- Cable and Internet

# Transportation

- Car Payment
- Fuel and Maintenance
- Car Insurance
- Public Transportation and Rideshares

# Living/Personal

- Groceries and Household Items
- Clothing
- Hair and Personal Care
- Entertainment



- Student Loans
- Credit Cards
- Collections
- Other Debt





### Differentiating Between Wants and Needs

Categorizing your expenses as wants and needs makes it easier to identify areas where you can cut back.

Basic Expenses (Needs) • Housing

- Food
- Insurance
- Debt Repayment
- Phone
- Transportation (Including Maintenance)
- Necessary Clothing
- General Supplies

### Discretionary Expenses (Wants)

- Eating Out (Including Take Out)
- Non-essential Clothing
- Entertainment
- Streaming Services
- Gym Memberships
- Personal Care
- Vacations
- Gifts



### You've Created Your First Budget. Now What?

Make sure the information you've written down (income and expenses) is accurate.

Keep a daily log of your expenses for two weeks using a journal, spreadsheet or app like Mint.com.

Based on your log, identify ways to reduce spending or save money. Any savings can be used to pay down debt or make progress on your goals.

After the first month, compare your actual expenses to your original budget and make any necessary changes.

Review your budget regularly to help you stay on track and stick to your plan.

Budgeting is not a one and done event. It is an ongoing process that evolves with your life.



### Monthly Spending Plan

| Monthly Income             |  |    |                 |    |
|----------------------------|--|----|-----------------|----|
| Wages (after tax) Job 1    | \$   |    |                 |    |
| Wages (after tax) Job 2    | \$   |    |                 |    |
| Other income               | \$   |    |                 |    |
| Total Income               | \$   |    |                 |    |
| Monthly Expenses           |  |    |                 |    |
| Rent/Mortgage              | \$<br>Groceries                                    | \$ | Credit Card     | \$ |
| Gas/Heating                | \$<br>Meals Ordered In                             | \$ | Student Loans   | \$ |
| Water                      | \$<br>Dinners Out/Movies                           | \$ | Other Loans     | \$ |
| Insurance (home/apartment) | \$<br>Travel                                       | \$ |                 |    |
| Cell Phone                 | \$<br>Gym Membership                               | \$ | Savings:        |    |
| Cable                      | \$<br>Hair/Personal Care                           | \$ | Savings Account | \$ |
| Car Payment                | \$<br>Clothing                                     | \$ | Retirement      | \$ |
| Fuel                       | \$<br>Child Support                                | \$ | Other (Goal)    | \$ |
| Car Insurance              | \$<br>Tobacco/Alcohol                              | \$ | Total Expenses  | \$ |
| Car Maintenance            | \$<br>Health Insurance                             | \$ |                 |    |
| Public Transportation      | \$<br>Other  | \$ |                 |    |
|                            | Monthly Net Income = Total Income - Total Expenses |    |                 | \$ |



### Daily Expense Tracker

| Date     | Description | Amount  | Cash | Credit |
|----------|-------------|---------|------|--------|
| 03/16/20 | Lunch out   | \$10.75 |      | Х      |
|          |             |         |      |        |
|          |             |         |      |        |
|          |             |         |      |        |
|          |             |         |      |        |
|          |             |         |      |        |
|          |             |         |      |        |
|          |             |         |      |        |



### **Basic Budgeting Principles**

- Spend less than you earn.
- Look for ways to increase income such as taking a second job or selling personal items you don't use.
- Pay yourself first; start contributing or consider increasing your 401(k) contribution-small amounts add up over time.
- Be proactive about tracking your spending. This is key to staying within your budget.
- Reduce other budget categories by an equivalent amount when you go overbudget in one category.
- Create a goal for yourself such as saving \$20 a week or putting a plan in place to pay off credit cards.
- Be patient with yourself. Creating your first budget can be frustrating, but like anything else, it gets easier the more you do it.



# Safeguarding Your Personal Information

Identity theft and fraud are on the rise, and cybercriminals are becoming more sophisticated in their attempts to access your information.

- ✓ Don't shop online or access personal accounts via an unsecured internet connection.
- ✓ Set up spending alerts.
- ✓ Never click on links or respond directly to financialrelated emails.
- ✓ Be vigilant; check your credit reports and account statements regularly.





### What if My Identity is Compromised or I Find Fraudulent Transactions?

#### Act fast to minimize the damage.



Alert your bank and other financial institutions Report identity theft to the Federal Trade Commission

https://identitytheft.gov/

Contact credit reporting agencies to add an alert to your account/freeze your credit

Change your passwords



### Your Financial Future Starts Now So...



Advice-driven financial service.





### Next Steps



Use the best practices presented today to review your finances



Contact us for assistance creating your budget and savings plan and debt management



Consider using a budgeting web app (Mint.com, Pocket Guard, Wally, YNAB - you need a budget)



Attend upcoming presentations to build your financial know-how



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### Questions





### **Important Notes**

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